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UPDATED & REVISED
DISCUSSION DRAFT

Statewide Universal Health Care Access Plans

for

Single Payer
System

&

Regulated
Multiple Payer
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Montana Health Care Authority

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MONTANA HEALTH CARE AUTHORITY



MEMORANDUM

TO: County Courthouses, Libraries and Hospitals

FROM: Sam Hubbard
Executive Director 

DATE: September 13, 1994

SUBJECT: Statewide Health Care Resource Management Plan

In order to comply with the Montana Health Care Authority Act, the Authority has developed a Statewide Health Care Resource Management Plan and is scheduled to hold a hearing on the plan on Thursday, September 22 at the Town House Inn in Butte from 8:30 a.m. to 9:30 a.m.

We are providing a copy of this statewide plan to each county courthouse, library and hospital and ask that the plan be made available to interested parties who may wish to review the plan and present comments on the plan to the Authority.

Thank you for your assistance in making this document available to the public. If you have any questions, please feel free to contact the Authority at 800-733-8208 or 406-443-3390.



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MONTANA HEALTH CARE AUTHORITY



August 1994

Dear Fellow Montanans:

In July we provided you with a discussion draft of the statewide universal health care access plans for a single payer system and a regulated multiple payer system. These plans were developed in response to the enactment of Senate Bill 285 creating the Montana Health Care Authority as the agency responsible for managing the reform process.

At its meetings in July and August, the Authority has taken additional steps to further develop these plans. Those additional areas deal with clarification of the model benefit packages, low income subsidies for the regulated multiple payer plan, cost containment, certificate of need, medical liability/defensive medicine reform measures, public health improvement, cost projections, and financing options. A discussion of the steps taken begins on page 19 of this revised and updated draft of the plans.

The problems which led to the passage of this legislation remain. First, cost increases in the health care system in Montana during the past 15 years have outstripped corresponding increases in total wages and salaries by a margin of 3 to 1, which means that the average Montanan is forced to pay an increasing proportion of his or her income for health care. Second, some 100,000 Montanans are without any health insurance coverage while still others are burdened with inadequate coverage. In addition, anyone can lose health insurance coverage at any point in time as a result of either losing their job, changing jobs, or becoming seriously ill. Third, the state's share of Medicaid costs (the program which provides health care coverage for the poor, disabled and elderly) is now over 15 percent of Montana's General Fund budget, having doubled in the past five years. This means that the Legislature has been forced to divert resources which have in the past funded education, public safety and infrastructure improvements.

This revised and updated discussion draft of the two plans is intended to generate widespread review and comment from you, the people of Montana. It will serve as the basis for a series of six public hearings to be held across the state in early- to mid-September. The hearings are scheduled for Missoula on Wednesday, September 7; Bozeman on Thursday, September 8; Great Falls on Monday, September 12; Sidney on Tuesday, September 13; Billings on Wednesday, September 14; and Helena on Tuesday, September 20. Our purpose during these hearings will be to collect citizen feedback.

We sincerely, hope you will take advantage of this opportunity and help the Health Care Authority design the best possible health care system for Montana. We look forward to hearing from you.

Sincerely,

A handwritten signature in cursive script that reads "Dorothy".

Dorothy Bradley

Chair

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INTRODUCTION

Rapidly rising health care costs, a growing number of persons without health insurance, and concern among those with coverage that their insurance may not be there for them when they need it most have led the majority of the public to believe that changes must be made to the existing health care system. The big question is what those changes should be. While Congress is considering a variety of national health care reform proposals, many states across the country have undertaken a careful examination of their own options. A number of these states, not content to wait for the federal government to act, have actually enacted and are in the process of implementing their own state-level health care reform strategies.

Montana is one of the states that has moved to address the need to improve the current health care system. In 1993, a bipartisan effort in the Legislature enacted Senate Bill 285, which established the Montana Health Care Authority. The statute charged the Authority with developing a comprehensive statewide health care reform strategy that would provide all Montanans with improved access to high quality, affordable health care. As part of its strategy development process, S.B. 285 requires the Authority to develop two alternative universal access plans: a tax-financed single payer system and a regulated multi-payer system. By October 1, 1994 the Authority will report back to the Legislature concerning the specific design of these models. The Legislature will then decide which of the two plans is most appropriate for Montana.

One important element of the Authority's workplan for designing these alternative universal access plans is its effort to solicit input from Montana communities and

residents. The Authority is doing so through a variety of mechanisms, including:

- holding the Authority's monthly meetings in different communities throughout the state; and
- convening a series of electronic citizens' forums to solicit the public's views on health care reform.

The publication of this interim report is another effort to solicit input from Montana's residents on health care reform matters. The Authority will seek additional public feedback on this document through a series of town meetings, regional health planning board meetings, and public hearings that have been scheduled in July, August, and September.

Much work remains to be done in shaping the Authority's recommendations concerning the alternative universal access plans that will be submitted to the Legislature in the fall. However, this report provides Montanans with preliminary findings on this matter. This report will heighten the public's awareness of the problems within the current health care system that must be addressed, and provide Montanans with a better understanding of the strategies that S.B. 285 requires the Authority to consider.

The Authority welcomes and encourages feedback on the ideas contained in this document and will take them into consideration as it prepares its final report to the Legislature.

WHY HEALTH CARE REFORM?

There are several important reasons that health care reform is needed in Montana.

They include the following:

■ ***Rapidly rising health care spending that has outstripped the growth in Montana's economy and has placed a growing burden on Montana families and state government.***

While average per capita health care spending in Montana is less than the national average, it has grown considerably in past years. One study estimated that from 1980 to 1990, total health care spending in Montana rose from roughly \$676 million to over \$1.6 billion in 1990, an overall increase of 143 percent. This translates into an increase in per capita spending from \$859 to \$2,059 during that period.

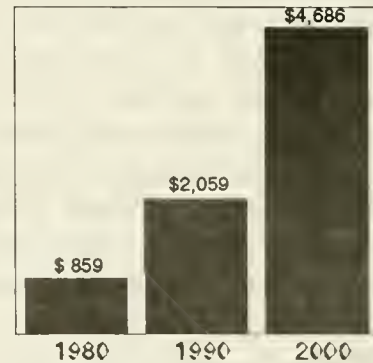
If current trends in health care cost escalation were to continue, the study projects that by the year 2,000 health care spending in Montana would reach nearly \$3.5 billion, or roughly \$4,700 per person (see Figure 1).

These increases in health care spending have far outstripped the ability of Montana families to pay for them. For example, from 1980 to 1990, when health care spending was estimated to have grown by 143 percent, total wages and salaries for Montana workers increased by only 52 percent (see Figure 2).

As a result, in 1980, the average Montana family spent \$1,345 on health-related expenditures, or 7.5 percent of their income. By 1991, the average health-related payment made by a Montana family had increased to \$3,154, or 10.8 percent of their annual income.

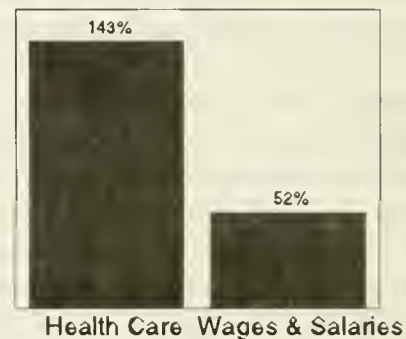
The burden of rising health care costs has been felt not only by Montana families and businesses, but by state government as well.

Figure 1.
ESTIMATED PER CAPITA
HEALTH CARE SPENDING IN
MONTANA: 1980, 1990 & 2000



SOURCE: Families, U.S.A.

Figure 2.
GROWTH IN ESTIMATED TOTAL
HEALTH CARE EXPENDITURES
VS. GROWTH IN TOTAL WAGES
AND SALARIES IN MONTANA:
1980 TO 1990



SOURCE: Families, U.S.A. and Montana Department of Labor

The state's share of the costs of the Medicaid program is approaching 15.6 percent of the annual general fund budget, thereby severely reducing Montana's ability to finance other badly needed services such as education, infrastructure development and public safety. The state employee health benefit coverage further adds to the portion

of the state's general fund budget that is consumed by health care expenses.

■ *An estimated 100,000 or more Montanans lack any form of health care coverage.*

Despite (or perhaps because of) the significant and ever-growing amount of money spent on health care, a significant portion of Montana's population lacks even basic health insurance protection. Data from several different sources indicate that from 12 to 16 percent of the state's population are uninsured at a given point in time.

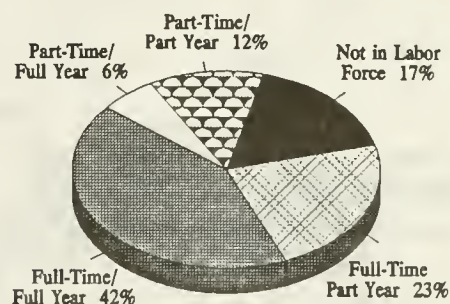
These uninsured individuals are those who are not covered by any form of private insurance or by any public programs, such as Medicare or Medicaid. They often do not make use of cost-effective preventive health care or may delay seeking treatment for a health problem until their condition has worsened and becomes much more costly to treat. When they do seek care, it is frequently in very expensive settings, such as hospital emergency rooms.

A closer look at the characteristics of the uninsured Montanans reveals that:

■ *The vast majority of uninsured Montanans have direct or indirect ties to the work force.*

Nearly 85 percent of Montana's non-elderly uninsured are either adults who work on a full or part-time basis at some point during the year or dependents of these workers (see Figure 3). Well over half of all uninsured workers are employed by small businesses with less than 25 employees.

Figure 3.
DISTRIBUTION OF
UNINSURED MONTANANS
BY EMPLOYMENT STATUS
OF FAMILY HEAD



SOURCE: Health Systems Research, Inc. Analysis of Montana Portion of 1992-93 CPS

■ *Despite this link to the work force, the majority of the uninsured are low income individuals and families.*

While a quarter of the state's uninsured have incomes below the poverty line (e.g., \$12,320/year for a family of three in 1994), nearly one half are low income individuals and families with incomes between one and two times the poverty level. This latter group is often referred to as the "working poor" (see Figure 4).

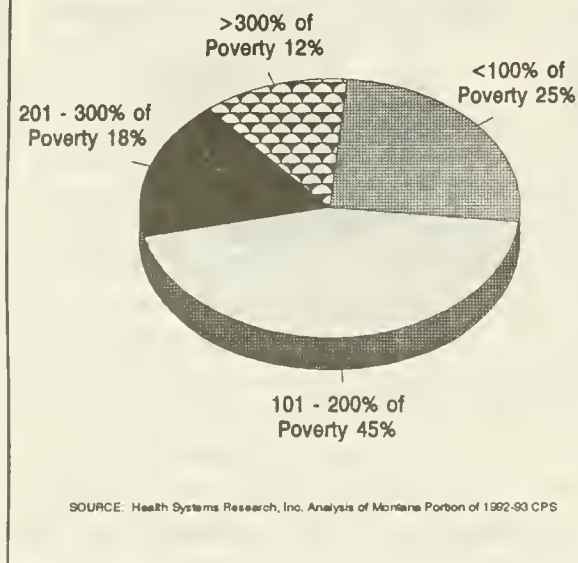
■ *Many of the state's uninsured are children and young adults.*

One quarter of the state's uninsured population are children under the age of 18, while young adults aged 18 to 24 are the group at highest risk of being uninsured.

■ *A significant number of Montanans are "underinsured."*

In addition to these uninsured individuals, an equal or even greater number of Montanans are likely to have coverage that does not provide them with adequate protection

Figure 4
UNINSURED MONTANANS
By Poverty Status



against a catastrophic illness or with financial access to primary and preventive services. These persons are considered to be "underinsured."

■ *Because of the significant provider shortages that exist throughout the state, many Montanans do not have reasonable access to health care services.*

Sadly, one of the reasons that Montana's per capita health care spending is below the national average is the fact that the state's health care delivery system is a very fragile one that leaves much of the state's highly rural population without reasonable access to needed primary care and related health care services.

The problems with the state's health care delivery system are reflected in the fact that half of Montana's counties are officially

designated as Medically Underserved Areas (MUAs), a federally developed measure identifying areas that are critically underserved. Forty-one of the state's 56 counties are designated as Health Professional Shortage Areas (HPSAs), which is another federally established designation given to areas suffering from serious health personnel shortages.

Further evidence of the strain that exists within Montana's health care delivery system is demonstrated by the precarious financial status of the state's hospitals. Data from the Montana Hospital Association indicate that hospitals with less than 30 beds -- about half of all hospitals in the state -- have suffered significant financial losses for at least eight consecutive years. Factors which contribute to this bleak financial picture are the burden of providing uncompensated care to the uninsured, and the low reimbursement rates from public programs such as Medicare that do not fully cover the cost of providing care to persons insured by these programs.

GUIDING PRINCIPLES FOR HEALTH CARE REFORM

The Montana Health Care Authority believes that the goal of the State of Montana's health-related policies should be to improve the health status of its population. To achieve this goal, the state should develop and implement a multi-faceted strategy that includes health care system reform, efforts to improve the population's health-related behavior, and other public-health oriented activities.

In pursuit of this goal, S.B. 285 specifies that the policy of the State of Montana should be to ensure that all residents have access to quality health care services at costs that are affordable.

The following are specific objectives of a reformed health care system identified in S.B. 285:

- Maintain and improve the quality of health care services offered to Montanans;
- Contain or reduce increases in the cost of delivering services so that health care costs do not consume a disproportionate share of Montanans' income;
- Avoid unnecessary duplication in the development of health care facilities and services;
- Encourage regional and local participation in decisions about health care delivery, financing, and provider supply;
- Promote the rational allocation of health resources in the state;
- Facilitate universal access to preventive, primary, and other medically necessary health care; and
- Educate consumers about the proper use of the health care system, and about the importance of individuals assuming greater responsibility for their own health status by improving their health-related behavior.

The Authority also suggests that the reformed system meet the following additional objectives:

- Operate as efficiently and effectively as possible, with the administrative aspects of the system made as simple and "user friendly" as possible; and

- Provide accurate and accessible information that will enable consumers and providers to make more informed decisions and that will provide better measures of the performance of the health care delivery system, including patient outcomes.

Finally, in reforming the health care system to achieve these objectives, the Authority believes that the state must ensure that any negative impacts of its reform policies on other aspects of the state's economy, particularly on small businesses, are minimized.

UNIVERSAL ACCESS PLANS: ALTERNATIVE MODELS

As noted earlier, S.B. 285 requires that the Montana Health Care Authority develop and submit to the legislature by October 1, 1994 recommendations for two universal access plans: a single payer system and a regulated multiple payer system. The statute defines these models as follows:

■ *"A single payer system is a method of financing health care services predominantly through public funds so that each resident of Montana receives a uniform set of benefits as established through statute or administrative rule. Policies governing all aspects of the management of the single payer system would reside with the state government, and benefits must be administered by a single entity."*

■ *"A regulated multiple payer system is a method of financing health care services through a mix of public and private funds so that each resident of Montana receives a uniform set of benefits as established by statute or administrative rule. State government has responsibility for regulating*

the multiple entities that provide benefits to residents, including regulations for enrollment, change in premium rates, payment rates to providers, and aggregate health expenditures."

S.B. 285 also identifies a set of specific features that both the single payer and regulated multiple payer plans must include in the areas of health care access, cost containment, and service delivery. These are summarized in Table 1.

The Authority's preliminary recommendations concerning the design of plans that meet these objectives are presented below.

THE PROPOSED SINGLE PAYER ALTERNATIVE

Consistent with the definition of the single payer model contained in S.B. 285, preliminary recommendations would replace the current system of premium-financed private insurance and tax-supported public program coverage with a single system financed primarily by tax revenues that ultimately would provide coverage of a comprehensive set of benefits to all Montanans.

However, unlike the Canadian single payer system, the proposal combines the positive equity and efficiency aspects of such a single payer system with additional efficiencies which may be derived from market-based competition among health plans.

Structure and administration. Under the proposed single payer system, tax revenues to support universal coverage will flow into state government. While a single government entity will assume overall responsibility for policy development and oversight of the system, this entity would

contract out with private organization(s) for the bulk of the administrative tasks required to operate a single payer system (e.g., enrollment, claims processing, data analysis, etc.).

This entity or its contractor would provide eligible individuals with a choice of obtaining coverage from either fee-for-service (FFS) or managed care plans, each of which would offer the uniform benefit package described below. This aspect distinguishes the proposed single payer system from the Canadian model, in which all services are provided on a fee-for-service basis. While providing covered individuals and families with a choice of health care plans would reduce the administrative cost savings that would otherwise be achieved through Canadian-like approach, any loss in administrative savings might well be offset by the benefits to consumers of having a choice of plans, as well as savings that might accrue from price competition among plans.

Populations to be covered under the single payer plan. Under a true single payer system, all persons should be covered through such a system. However, while the ultimate goal of the plan would be to include all Montanans within the single payer system, significant federal restrictions currently limit the state's ability to bring everyone under the program.

For example, the federal Employee Retirement and Income Security Act of 1974, known as ERISA, prohibits states from regulating the health benefits provided by larger businesses or labor unions that "self-insure" or "self-fund" (i.e., that fund their own health care benefits) rather than paying premiums to insurance companies. Unless the ERISA statute is changed or Montana receives special Congressional approval,

Table 1.
Statutory Requirements for the Universal Access Plans

According to S.B. 285, both the single payor and the regulated multi-payor plans to be developed by the Montana Health Care Authority must provide:

- Guaranteed access to health care services for all residents of Montana;
- A uniform system of health care benefits;
- A unified health care budget;
- Portability of coverage, regardless of job status;
- A broad-based, public or private financing mechanism to fund health care services;
- Consideration of the limitations of public funding;
- A system capped for provider expenditures;
- Global budgeting for all health care spending;
- Controlled capital expenditures;
- A binding cap on overall expenditures;
- Policymaking for the system as a whole and accountability within state government;
- Incentives to be used to contain costs and direct resources;
- Administrative efficiencies;
- A health care resource management plan that provides for the distribution of health care resources within regions of the state;
- The appropriate use of mid-level practitioners, such as physician's assistants and nurse practitioners;
- Mechanisms for reducing the cost of prescription drugs, both as part of and as separate from the uniform benefit plan;
- Integration, to the extent possible under federal and state law, of benefits provided under the health care system with benefits provided by the Indian Health Service and the United States Department of Veteran Affairs and benefits provided by the Medicare and Medicaid programs;
- An actuarially sound estimate of the costs of implementing the plans through the year 2005;
- Stable financing methods, including consumer cost sharing;
- Procedures for evaluating the quality of health services; and
- Education of the public concerning the plan.

ERISA would likely prohibit the state from extending the single payer plan to employees covered by self-funded plans. In addition, special federal waivers or legislation would be needed to include persons currently covered by the Medicare, Medicaid, military health care, or CHAMPUS programs in the single payer plan.

Montana therefore must seek the necessary federal waivers and/or legislation to include these populations within the proposed single payer plan. It is important that these waivers allow the state to redirect any federal health care expenditures that would otherwise have been made on behalf of these individuals into the funding for the single payer system. The state should also seek federal approval to incorporate funds used to provide services to Montana veterans through the Veterans' Administration program into the single payer system and to provide these veterans with coverage through the system.

Finally, the state should enter into negotiations with the sovereign Indian tribes and the appropriate agencies of the U.S. government about the possibility of integrating Indian Health Service (IHS) funds into the single payer financing mechanism and providing coverage to tribal members through the single payer system.

Uniform benefit package. The Authority recommends that the uniform benefit package provided to all individuals under the single payer system be a relatively comprehensive one that includes coverage of a full range of preventive, primary, and acute care services, including physician services, hospital care, prescription drugs, comprehensive dental services for children and emergency dental services for adults.

A fuller description of the services that would be included under the single payer benefit package is presented in Table 2. Consistent with the decision to allow both fee-for-service and capitated managed care plans to be offered under the single payer system, two slightly different benefit packages are described in this table: a "high cost sharing" package to be provided under fee-for-service plans, and a "low cost sharing" package similar to that provided through capitated health maintenance organization (HMO) plans.

Issues associated with providing additional services to low income or other vulnerable populations (e.g., persons in need of long-term care services) will be addressed as part of the Authority's (and the Montana Department of Social and Rehabilitative Services') subsequent examination of long-term care reform.

Preliminary cost estimates. As shown in the chart below, preliminary estimates prepared by the Authority's actuarial consultants indicate that the monthly per capita costs of the benefits covered by the single payer plan, at 1994 cost levels, would range from approximately \$134 to \$142 per adult and from \$67 to \$72 per child, depending upon whether they enroll in a high or low cost-sharing plan.

Estimated Per Capita Cost of Coverage Under the Proposed Single Payer System (at 1994 Price Levels)		
	High Cost Sharing Plan	Low Cost Sharing Plan
Adult	\$134.06	\$141.90
Child	\$ 67.03	\$ 70.95

Table 2.
COMPREHENSIVE BENEFIT PACKAGE PROVIDED UNDER SINGLE PAYER SYSTEM

SERVICE TYPE	HIGH COST SHARING (FFS PACKAGE)	LOW COST SHARING (HMO PACKAGE)
DEDUCTIBLES	\$200/individual; \$400/family. Separate deductible for prescriptions and dental.	None
COINSURANCE	20%, unless otherwise noted	None for "In-Network" Use. Min. 20% coinsurance for "Out of Network" use.
OUT-OF-POCKET MAX.	\$1500/individual; \$3000/family	\$1500/individual; \$3000/family
MAXIMUM DOLLAR COVERAGE LIMITS	No maximum lifetime limits	No maximum lifetime limits
<i>HOSPITAL</i>		
Inpatient Care	Covered	Covered
Outpatient Care	Covered	\$10 copay per visit
<i>MEDICAL</i>		
In-Hospital	Covered	Covered
Surgery - Inpatient	Covered	Covered
Surgery - Outpatient	Covered	Covered
Primary and Preventive - routine visit - well baby - immunization - pap smear	Preventive benefit package recommended by the U.S. Preventive Services Task Force: full coverage Primary care: 20% coinsurance	Preventive: benefit package recommended by the U.S. Preventive Services Task Force: full coverage Primary care: \$10 copay
Specialty Care/Referral	Covered	\$10 copay
OB/GYN & Maternity - specialty - periodic OB/GYN exams - pre/post natal - delivery - newborn - Birthing Center	Covered Prenatal care and clinician visits: full coverage.	\$10 copay per visit Prenatal care and clinician visits: full coverage.
<i>OTHER</i>		
Emergency Room	Covered	\$25 per visit unless condition is an emergency.
Ambulance	Covered	Covered
Chiropractic	Covered	Covered
Physical/occupational therapy	Outpatient: covered; reassessed at 60 days for continued improvement.	Outpatient: \$10 copay/visit; reassessed at 60 days for continued improvement.
Durable Medical Equipment	Covered	Covered
Hospice	Covered as inpatient alternative.	Covered as inpatient alternative.

Table 2.
COMPREHENSIVE BENEFIT PACKAGE PROVIDED UNDER SINGLE PAYER SYSTEM

SERVICE TYPE	HIGH COST SHARING (FFS PACKAGE)	LOW COST SHARING (HMO PACKAGE)
Home Care	Covered as inpatient alternative; mandatory reevaluation after each 60 day period.	Covered as inpatient alternative; mandatory reevaluation after each 60 day period.
Skilled Nursing Facility (SNF)	Covered as inpatient alternative; 100 day max. per year.	Covered as inpatient alternative; 100 day max. per year.
Vision and Hearing	Routine eye exam: covered. Glasses: limited to children, 1 set per year.	\$10 per vision exam. Glasses: limited to children, 1 set per year.
Mental Health - Inpatient - Outpatient	<i>Inpatient:</i> 50% coinsurance plus one day deductible per admission, 30 days/yr; additional 30 days per year may be approved. <i>Intensive nonresidential:</i> Covered. Can substitute 2 days for 1 inpatient day (max. 60 days/yr); additional 60 days per year may be approved (50% coinsurance) <i>Outpatient:</i> Covered. For psychotherapy, 50% coinsurance, 30 visits per year; additional visits available at 4/1 ratio: per every four visits, one inpatient day lost.	<i>Inpatient:</i> \$25 copay per visit, 30 days per year; additional 30 days per year may be approved. <i>Intensive nonresidential:</i> Full coverage for first 60 days. Substitute 2 days for 1 inpatient day (max. 60 days/yr); additional 60 days per year may be approved (25% coinsurance). <i>Outpatient:</i> \$10 copay per visit. For psychotherapy, \$25 copay per visit, 30 visits per year; additional visits available at 4/1 ratio: per every four visits, one inpatient day lost.
Alcohol/Drug Abuse - Inpatient - Outpatient	<i>Inpatient:</i> 50% coinsurance plus one day deductible per admission, 30 days/yr; additional 30 days per year may be approved. <i>Intensive nonresidential:</i> 50% coinsurance; substitute 2 days for 1 inpatient day (max. 60 days/yr); additional 60 days per year may be approved (50% coinsurance). <i>Outpatient:</i> Covered, 30 visits/year. Additional visits available at 4/1 ratio: per every four visits, one inpatient day lost. 30 days of group therapy available if individual received inpatient or intensive nonresidential treatment within the previous 12 months.	<i>Inpatient:</i> \$25 copay per visit, 30 days/yr; additional 30 days per year may be approved. <i>Intensive nonresidential:</i> \$25 copay; substitute 2 days for 1 inpatient day (max. 60 days/yr); additional 60 days per year may be approved (25% coinsurance). <i>Outpatient:</i> \$10 copay, 30 visits/year. Additional visits available at 4/1 ratio: per every four visits, one inpatient day lost. 30 days of group therapy available if individual received inpatient or intensive nonresidential treatment within the previous 12 months.
Prescription Drugs	Individual outpatient deductible of \$250/year; 20% coinsurance.	\$5 per prescription.
Dental	\$50 annual individual deductible. Adults, emergency only. Children, comprehensive coverage.	\$10/visit: Adults, emergency only. Children, comprehensive coverage.

Clearly the financing of such a large tax-supported program would require a significant increase in state tax revenues (possible sources of these additional revenues will be discussed later in this report). However, several important points must be made to put this cost figure in proper context. First, while the establishment of such a program will result in a significant increase in tax-based health expenditures, these increases will be offset by eliminating the need for Montana businesses and individuals to purchase similar health care coverage on their own.

Second, the comprehensive nature of the benefit package provided under the single payer system will increase health insurance spending in the state above current levels. However, given the lower administrative costs associated with a single payer system, the cost of providing such uniform comprehensive coverage to all Montanans through the single payer plan would be less than if it was provided through the current system.

Finally, the establishment of the global budget/expenditure limits (discussed later) that S.B. 285 identifies as an integral part of both the single and multi-payer universal access plans is projected to result in future savings in the cost of providing this coverage.

THE PROPOSED REGULATED MULTIPLE PAYER ALTERNATIVE

To achieve universal coverage through a multi-payer system, the Authority concluded that some form of coverage requirement or mandate was necessary. Otherwise, a small portion of the population might be willing to run the risk of becoming sick and incurring health care expenses that they could not pay and that would be passed on in the form of higher charges to persons who did have coverage.

The Authority therefore debated whether a coverage requirement should be imposed on all Montana businesses (an "employer mandate") or whether responsibility for obtaining health care coverage should rest with the individual. The majority of Montanans obtain their health care coverage through their place of employment. However, the Authority did not propose that all Montana employers be required to pay even a portion of the health care coverage costs for their workers and dependents because of the potential negative impact such a requirement might have on small businesses and, in turn, on the labor market within the state.

Instead, the proposed multiple payer plan would achieve universal coverage by requiring that all Montanans assume individual responsibility for obtaining health care coverage. At the same time, to encourage the continued availability of health care coverage through the workplace, under the proposed plan employers would be required to "offer" health care coverage to their workers. That is, while employers would not be required to pay for health care coverage for their workers, they would have to make arrangements to have health insurance premium contributions deducted from employees' payroll checks and

forwarded to insurance carriers, if requested by their employees.

Moreover, it is the Authority's hope that the establishment of an individual coverage requirement will not reduce availability of employer-financed coverage. Maintaining employer-funded coverage is particularly important because, under current federal and state tax policies, employment-based health care coverage is a tax-free benefit, while there is limited or no tax deductibility for the cost of purchasing non-employment-based coverage. To address this inequity, the Authority recommends that the state and federal tax codes be amended to provide favorable tax treatment to both individually-purchased or employment-based health care coverage costs.

In addition, the Authority is currently conducting a study of the feasibility of establishing one or more health care purchasing pools through which individuals and/or businesses could obtain health care coverage.

Uniform benefit package. The proposed multiple payer plan seeks to minimize any adverse effects of its individual coverage requirement by defining the minimum benefit package at a relatively low level and by calling for the establishment of public subsidies to assist low income persons in paying for such coverage.

The proposed minimum benefit package is modeled after an actual insurance product currently being sold with increasing frequency in Montana. A summary of this proposed minimum benefit package is presented in Table 3. The relatively low premium cost of this benefit package is the result of its relatively high cost-sharing requirements: annual deductibles of \$1,000/person or \$2,000/ family that applies primarily to hospital care, and a 50 percent co-insurance requirement on many

services. No cost-sharing requirements would be applied, however, to certain preventive services. Annual out-of-pocket expenditures for most services are capped at \$3,000/person and \$6,000/family.

The Authority's actuarial consultants estimate the monthly premium cost of this benefit package to be the following:

■	Single adult.	\$100
■	Single adult and child(ren) . .	\$188
■	Married couple	\$200
■	Family.	\$306

It should again be emphasized that it is the Authority's intention to establish a minimum requirement that would result in all Montanans having a minimal level of coverage without requiring them to change their current coverage or to disrupt current employment-based health care coverage arrangements. Indeed, it is anticipated that the current health insurance coverage held by most Montanans would easily meet this minimum standard.

Insurance reforms. Under the proposed multiple payer plan, health care coverage would be available on a guaranteed basis. That means that no one would be denied coverage or be dropped by an insurer because they are in poor health. The coverage would be portable as well, with persons not having to worry about losing their insurance if they change jobs. Finally, only a single twelve month exclusion of pre-existing conditions would be allowed. Once that exclusion period passed, no one would be subject to another waiting period, even if they change jobs, unless they fail to maintain continuous coverage.

The Authority also believes that ultimately health care premiums should be set on a modified community-rated basis: that is,

Table 3.
MINIMUM BENEFIT PACKAGE REQUIRED UNDER MULTIPLE PAYER SYSTEM

SERVICE	BENEFIT
DEDUCTIBLES	\$1,000 per year/\$2,000 per family; not applicable to participating professional providers.
COINSURANCE	50% unless otherwise noted.
OUT-OF-POCKET MAX.	\$3,000 per person/\$6,000 per family. Costs for certain services do not apply to out-of-pocket max., see below.
MAXIMUM LIFETIME BENEFIT	None
<i>HOSPITAL</i>	
Inpatient Care	Covered
Outpatient Care	Covered
<i>MEDICAL</i>	
In-hospital	Covered (no deductible)
Surgery - Inpatient	Covered (no deductible)
Surgery - Outpatient	Covered (no deductible)
Primary and Preventive - routine visit - well baby - immunization - pap smear	Preventive benefit package recommended by the U.S. Prevention Task Force: Covered in full (no deductible or coinsurance) Primary care services: Covered (no deductible)
Specialty Care/Referral	Covered (no deductible)
OB/GYN & Maternity - specialty - periodic OB/GYN exams - pre/post natal - delivery - newborn - birthing center	Professional Services: Covered (no deductible) Facility: Covered
<i>OTHER</i>	
Emergency Room Care	Facility: Covered Professional Services: Covered (no deductible) Non-emergent care not covered, subject to retrospective review
Ambulance	Covered; including ground and air, subject to review for medical necessity.
Prescription Drugs	After deductible is met, brand name prescriptions covered subject to standard coinsurance, generic prescriptions covered in full.
Dental	Not covered
Vision and Hearing	Screening as part of the preventive services package.

Table 3.
MINIMUM BENEFIT PACKAGE REQUIRED UNDER MULTIPLE PAYER SYSTEM

SERVICE	BENEFIT
Chiropractic	Covered up to \$25 per visit, up to 35 visits per year.
Physical/Occupational Therapy	Inpatient: Covered Outpatient: Covered up to \$2,000 per year. Combined inpatient/ outpatient limited to \$20,000 per year, \$100,000 lifetime max. Does not apply to maximum out-of-pocket payment.
Durable Medical Equipment	Covered for rental; replacements and repairs require preauthorization if over \$200. Does not apply to maximum out-of-pocket payment.
Hospice	Covered as an inpatient alternative.
Home Care	Covered as an inpatient alternative.
Skilled Nursing Facility (SNF)	Covered as an inpatient alternative.
Mental Health - Inpatient - Outpatient	Inpatient: Covered up to 30 days per year for both mental health and substance abuse. Deductible applies only to facility charges, not professional services. Outpatient: Covered up to \$1,000 per year for both mental health and substance abuse services. Does not apply to maximum out-of-pocket payment. No trade-offs between inpatient and outpatient benefits.
Alcohol/Drug Abuse - Inpatient - Outpatient	Inpatient: covered up to 30 days per year for both mental health and substance abuse services. Substance abuse benefits limited to \$4,000 in any 24-month period, \$8,000 lifetime maximum. Deductible only applies to facility charges, not professional services. Outpatient: Covered up to \$1,000 per year for both mental health and substance abuse services. Does not apply to maximum out-of-pocket payment. No trade-offs between inpatient and outpatient benefits.

the cost of coverage would be the same for everyone, regardless of their sex, occupation, or health status. However, different premiums could be established for persons in different age groups. As a transition to this modified community rating approach, the Authority believes that the limitations on premium rate variations established as part of the state's small group market reforms should gradually be tightened and also extended to both the individual and larger group insurance markets.

To whom would the individual coverage requirement apply? The proposed individual health care coverage requirement

would in general apply to all Montanans. However, as noted earlier, it is expected that the current private insurance coverage held by most Montanans will meet, and indeed exceed, the minimum health care coverage requirements. In addition, most persons who have public health care coverage will be considered or "deemed" to have coverage that meets the minimum requirements. For example:

- Persons covered by Medicare Part A and B will be deemed to have met the individual coverage requirement. Persons now covered by only Part A will be grandfathered in and

will be considered to have met the individual requirements. Future Medicare beneficiaries will have to be covered by both Medicare Part A and Part B in order to be considered to have met the requirement. (Note: Medicaid pays for the Part B premium for many low income Medicare enrollees.)

- Persons with military or CHAMPUS coverage will also be deemed to have met the coverage requirement.
- IHS coverage will also be considered as meeting the individual coverage requirement, although the Authority encourages the state to undertake discussions with the sovereign Indian tribes and the appropriate federal agencies about the possibility of utilizing IHS funds to obtain subsidized private sector coverage for their members if that is considered desirable.
- Veterans receiving services through the VA system would have the option of electing to have those services deemed as meeting the individual coverage requirements.

The state Medicaid program would continue to operate as it currently does, with this coverage considered sufficient to meet the individual coverage requirement. Indeed, the Authority recommends that efforts be made to maximize the use of federal Medicaid matching funds to finance coverage for Medicaid-eligible low income individuals. Because of the significant federal contribution to the cost of Medicaid coverage, efforts should be made to enroll as many Medicaid eligible individuals as possible in lieu of providing them with subsidies financed only with state funds. A

requirement in S.B. 285 calling for uniform reimbursement rates across all payers would increase the cost of Medicaid coverage above current levels, but would also increase the flow of federal Medicaid dollars into the state and reduce any cost shifting to private payers that Medicaid might have previously generated.

Subsidies for low income individuals.

Although the Authority has sought to make the premium costs of its minimum benefit package relatively inexpensive, nonetheless there are many persons within the state for whom purchasing such coverage on their own would pose a significant financial burden. To address this problem, the Authority recommends providing premium subsidies and assistance in meeting out-of-pocket expenses to certain low income individuals and families. For persons with incomes below the federal poverty line (e.g., an annual income of \$12,320 for a family of three in 1994), the state would provide a full subsidy of the premium costs for the minimum coverage. Persons between 100 percent and 200 percent of poverty (e.g., a family of three with an annual income between \$12,230 and \$24,640) would receive a subsidy established on a sliding scale income-related basis.

Preliminary estimates of public subsidy costs. Based upon the premium cost estimates presented earlier and the proposed approach to providing subsidies discussed above, the annual cost (at 1994 cost levels) to the state of providing the premium subsidies is estimated to be roughly \$80 million, although this cost could vary depending upon the extent to which currently insured low-income persons apply for these subsidies.

A discussion of possible sources of the additional state tax revenues needed to fund

these subsidies is presented later in this report.

Monitoring and enforcement. Several options are available. The state income tax system could be used to monitor and enforce compliance with the individual coverage requirement. Another possibility would be to require that children enrolling in schools present their certificate of health care insurance. The establishment of a 12-month pre-existing condition exclusion for non-continuous coverage would also provide an incentive for individuals to maintain health care coverage.

Necessary federal waivers. In order to implement a number of provisions in the proposed multiple payer plan that affect employers, such as the requirements that they make coverage available to their workers, it is likely that the state will need to obtain a Congressional waiver of the requirements of the federal ERISA statute. Any changes to be made to other federally funded programs, such as the Indian Health Service or Medicaid, would also require federal approval.

FINANCING

As indicated earlier, the establishment of either plan alternative will require additional state funds to support its activities. Among the possible sources of additional state revenues are the following:

- payroll taxes on employers and/or employees;
- a sales tax;
- "sin" taxes levied on alcohol or tobacco;
- income taxes;

- taxes on insurance premiums (multi-payer model only);
- taxes assessed on health care providers;
- transfers from other public programs; and
- gasoline taxes.

It should be noted that one financing option that the Authority discussed but about which it did not reach any conclusion was the possibility of establishing some form of "pay-or-play" requirement. This would provide the disincentive for businesses to drop health care coverage for their workers by establishing a new payroll tax from which employers providing coverage for their workers would be exempt.

The above list is illustrative only. In the upcoming months all possible mechanisms for raising the additional revenues needed to finance the universal access plans will be examined. In its October 1994 report to the Legislature, the Authority will identify preferred financing approaches, which may involve multiple revenue sources.

COST CONTAINMENT

In addition to its emphasis on expanding health care and improving access, S.B. 285 also calls upon the Authority to include in both of the universal access plans a series of features designed to control the growth in health care spending within Montana. The statute requires that each plan include provisions for the establishment of:

- a global budget for all health care spending; and

- a binding cap on overall health care expenditures.

By 1999, according to the statute, the average annual percent increase in statewide health care costs should not exceed the average annual percent increase for the nation's gross domestic product over the preceding five years.

To achieve the cost containment goals set by S.B. 285, the Authority has sought to incorporate in its alternative universal access plans a combination of cost containment features that reflect an effective balance of market-oriented and regulatory mechanisms, as well as efforts to improve the public's health-related behavior and its use of the health care system. For example, the decision to allow multiple health plans to compete on a quality and cost basis for patients under the proposed single payer system represents an attempt to introduce the benefits of market competition into an otherwise regulatory model.

The combination of market forces, improved consumer awareness, and provider cooperation could meet the statute's cost containment objectives by improving the efficiency of the health care delivery system, reducing the extent to which medically unnecessary procedures are performed, and eliminating unnecessarily duplicative health care resources.

However, should the above measures not be sufficient to achieve the cost containment objectives, then additional steps may need to be taken, including the establishment of caps on insurance premium increases or other more regulatory measures.

Finally, it should be noted that to monitor the extent to which the state's health care financing and delivery system achieves its cost containment objectives will require the

development of a sophisticated health care data base that does not exist within the state today.

The Authority intends to explore these and other cost containment-related issues and options in considerable detail in the coming months.

STRENGTHENING THE HEALTH CARE DELIVERY SYSTEM

The Authority recognizes that to truly achieve the goal of providing all Montanans with access to needed care, efforts directed at providing universal coverage and controlling costs must be coupled with strategies to strengthen the infrastructure of the state's current health care delivery system and to address the resource shortages and maldistributions that exist within the state. To this end, the following positive developments should be encouraged within the state's delivery system:

- Increased administrative efficiencies;
- Appropriate collaboration/consolidation among providers in a given geographic area within the state;
- Increased linkages among rural providers, as well as between rural providers and specialty care systems;
- Integration of the current system with other separate delivery systems (e.g., the Veterans Administration system), where appropriate;
- Expansion of managed care activities within the state, as long as standards are established to ensure that such managed care systems provide quality care and do not

inappropriately constrain individuals' access to needed services or providers' ability to deliver such services;

- Promotion of competition among health plans in areas of the state where this is feasible;
- Reorientation, conversion, or possibly even the closure of underutilized facilities, as long as such changes are made with local and regional input and are made in the context of a coordinated health resources management plan that identifies the implications of such changes on the long-run objectives of the system; and
- Expanded and more efficient use of mid-level practitioners, as long as such efforts are undertaken in the context of a broader plan that coordinates development of all levels of health care providers.

As part of the overall administrative and planning infrastructure authorized by S.B. 285, five regional health care planning boards have been established and given the responsibility for the development of regional health care resource management plans that will help guide the appropriate allocation of health care resources within each region. These regional plans will be aggregated into a statewide health care resources management plan which in turn will assist in understanding health care needs and targeting additional resources throughout the state. A draft of the statewide resource management plan will be prepared by late summer 1994.

GETTING FROM HERE TO THERE

The Authority has put forth these draft universal access plans to meet the mandate given to it by the Legislature and to provide citizens of Montana with a better sense of what options exist for reforming the current system. The proposals put forth in this preliminary report are ambitious, reflecting the significant charge given to the Authority in S.B. 285. However, consistent with the provision in S.B. 285 calling for the phased-in implementation of these plans and the fact that federal approval will be needed to carry out many aspects of these plans, the Authority will continue to work not only to refine the design of these universal access plans but also to develop a transition strategy for moving from the current system to either plan.

As the Authority carries on its deliberations of these important issues, it also will continue to encourage the involvement of all Montanans in the process.

DECISIONS REACHED AT JULY AND AUGUST MHCA MEETINGS

1. Changes/Clarifications to Model Benefit Packages

■ Primary Care Services

It was clarified that the primary care benefit included in the proposed benefit package is defined by the nature of the service, rather than by the type of provider rendering the service. Therefore, to the extent that the state licensure statutes identify certain practitioners as primary care providers, their services, provided they were within the scope of their practice acts, would be covered under the plans' primary care benefit.

■ Speech Therapy

The title for the therapy benefit included in the model plans was changed to clarify the fact that physical, occupational, and speech therapy would be covered under the plans, subject to the specified limits.

■ Nutritional Services

The Authority added to the benefit packages of both plans "Coverage for medical nutrition services deemed medically necessary, including nutrition assessment and counseling. The following disease conditions must be reimbursed for nutrition consultations at a total cost of no more than \$240 per benefit period:

- (i) diabetes mellitus;
- (ii) renal disease;
- (iii) high risk pregnancies;
- (iv) malnutrition;
- (v) high risk pediatrics;
- (vi) cardiovascular disease;
- (vii) cancer;
- (viii) gastrointestinal disease; and
- (ix) eating disorders."

■ Hearing Screenings

It was clarified that hearing screenings were included in the benefit packages for both plans.

■ Mental Health Services

General agreement was reached that coverage of mental health services under the multiple payer minimum benefit package should go beyond the state's current mandate. Coopers & Lybrand, actuaries for the Authority, will assess cost implications of moving to the mental health coverage developed as part of the state's small group market reform efforts. Coopers & Lybrand will also cost out implications of providing mental health coverage on a parity basis with physiological health problems.

2. Low Income Subsidies under the Regulated Multiple Payer Plan

Under the multiple payer plan, public subsidies would be made available to persons with incomes below 200 percent of the poverty level to make the requirement for obtaining health insurance more affordable. Persons below 100 percent of the poverty level would be eligible for a full premium subsidy; persons with incomes between 100 percent and 200 percent of the poverty level would be eligible for partial subsidies on an income-related sliding scale basis.

In addition, the Authority agreed that the high cost sharing feature of the multiple payer minimum benefits package presents economic obstacles to low income individuals. In response, the Authority proposed the single payer minimum benefits package with lower cost sharing requirements be made optional for these individuals.

Efforts should be made to provide these subsidies so that they will promote the continued provision of employment-based health coverage by assisting low wage workers in paying for the employee portion of the premium for employer-sponsored

coverage that they otherwise could not afford. However, the Authority cautioned that this must be done very carefully and disincentives established to prevent the establishment of the subsidies from replacing the contributions that employers are currently making to provide health care coverage to their low wage employees and dependents.

Finally, the Authority recognized the potential benefits of extending Medicaid coverage to low income children who would otherwise be likely to receive state-financed public subsidies. If enrolled in Medicaid rather than provided with the state subsidized coverage, these children would receive a richer benefit package which, because of the availability of federal Medicaid matching funds, would cost the state less than providing the subsidies. It was agreed that the costs of establishing the subsidy program should therefore be calculated assuming that the state seeks to expand Medicaid eligibility to children with incomes of up to 200 percent of the poverty level under the authority of Section 1902(r)(2) of the Social Security Act.

3. Cost Containment

If government is to commit to providing a uniform benefit package to all Montanans (single payer) or all Montanans are required to obtain minimum coverage (multiple payer), it is essential that this coverage be affordable. To ensure that this is the case, effective cost containment is essential.

SB 285 calls for the establishment of a global budget, specifying that by 1999, statewide health care expenditures should not increase more than the average annual increase in the gross domestic product over the previous five years.

With respect to this global budget, the Authority recognized that it will be impossible to accurately measure the extent to which the expenditure goals reflected in the global budget's target growth rate

are being met without the establishment of a comprehensive health care data base such as the unified health care data base called for in SB 285. The Authority considers the establishment of a data base that can provide accurate, timely, and Montana-specific information about the level and nature of health care spending should be one of the highest priority projects of the Authority. The Authority noted that, given what a significant and complex undertaking the development of a comprehensive health care data base represents, its development must begin as soon as possible if it is to be used to monitor and ensure compliance with the 1999 expenditure targets.

Both prior to, as well as following, the establishment of enforceable expenditure limits in 1999, the Authority strongly encouraged health care providers, insurers, and consumers to voluntarily undertake their own cost containment-oriented efforts so that the expenditure growth limits called for in SB 285 might be met without heavy state regulatory intervention. The mechanisms endorsed by the Authority for achieving its desired cost containment objectives, many of which are reflected in other aspects of its recommendations, include the following:

- Encouraging voluntary efforts on the part of health care providers and plans to restrain the growth in costs through the integration and the elimination of unnecessary duplication of services;
- Promoting competition among health plans;
- Encouraging the expansion of appropriate, high quality managed care plans, where feasible;
- Providing better information to consumers and providers to improve their decision-making;
- Reducing administrative costs through effective implementation of standardized claims forms, the establishment of an electronic claims clearinghouse, and reductions in the use of medical underwriting;

■ Possibly establishing one or more purchasing pools through which small businesses, individuals, and other entities could purchase health care coverage (the feasibility and desirability of establishing one or more of these pools is currently being studied by the Authority);

■ Establishing standardized benefit packages so that consumers can make better decisions based on cost and quality;

■ Emphasizing prevention and health maintenance in the standardized benefit packages and in other related policies;

■ Placing a heavy emphasis on public health-related activities, including health education, etc.;

■ Seeking ways to promote individual responsibility for one's own health status and health care use, including the establishment of appropriate cost sharing requirements as part of the standardized benefit packages; and

■ Making efficient use of health resources, including the appropriate use of midlevel practitioners.

It is the Authority's hope that such efforts on the part of providers, health plans, consumers, and government will be successful in bringing down the rate of growth in health care spending within the state by 1999 to the more affordable levels called for in SB 285. If such market-oriented voluntary efforts are not successful in meeting the statute's cost containment objectives, then the state must be prepared to implement additional measures to enforce SB 285's expenditure growth limits and keep health care from becoming increasingly unaffordable in the state.

Should health care costs exceed the growth limits specified in SB 285, the Authority has determined that it should focus its enforcement efforts first on those services covered under the uniform benefit package financed under the single payer or multiple payer plans. The types of cost contain-

ment measures that could be considered to control the cost of these benefit packages could include:

■ The establishment of caps on annual health insurance premium increases; and/or

■ The implementation of fee schedules or approved institutional budgets that would be used for provider reimbursement purposes. These rates would be set at levels that would result in increases in expenditures for the uniform benefit packages not exceeding allowable rates of growth.

The Authority is aware that if rate setting systems are to be used as cost containment mechanisms in the event that health care cost increases exceed SB 285's growth limits in 1999 or subsequent years, the foundations of these systems must be in place prior to the time that the expenditure limits are exceeded. For this reason and the fact that it may be possible to strengthen the cost containment potential of existing rate review efforts within the state, the Authority recommended assessing the desirability of strengthening the operations of the Montana Hospital Rate Review Board, perhaps by requiring all Montana hospitals to participate in the Board's rate review process. In the event that, beginning in the year 1999 or thereafter, allowable expenditure increases are exceeded, the Authority also recommended exploring the feasibility of having the review board's current voluntary compliance process convert to a mandatory one.

At the same time that these costs are being brought under control, data from the comprehensive health care data base could also be analyzed to identify excessively high cost increases associated with health care services that are not included in these benefit packages. Based upon the nature of the services and the cost problems that are identified, appropriate cost containment strategies to address these problems (e.g., the development of fee schedules for services whose prices have increased rapidly or stronger utilization review standards for services that are overutilized) would then be de-

veloped and implemented.

4. Certificate of Need

As part of its overall strategy for controlling costs and ensuring an appropriate supply and distribution of health care resources within the state, the Authority made the following recommendations with respect to the state's existing Certificate of Need (CON) program:

- Consistent with the provisions of SB 285, responsibility for the state's CON program should be transferred from the Montana Department of Health and Environmental Sciences to the Montana Health Care Authority, where it can be integrated with the Authority's broader data collection/analysis and health planning activities;

- The Authority should seek sufficient funding from the legislature to operate the CON program in an effective manner and should also seek ways of streamlining the program's procedural aspects to improve its efficiency;

- The review requirements and thresholds of the existing CON program would be maintained, although, to the extent appropriate, improvements in existing methodologies should be explored and recommended. For example, the Authority may wish to consider incorporating the state's current need methodology for nursing home beds in a broader strategy that seeks to provide for an appropriate continuum of long term care services and that integrates the nursing home bed need methodology with those for other LTC alternatives.

- While CON review requirements would not be extended to services and settings to which it does not now apply (e.g., most hospital services, expensive medical technologies or equipment purchased by hospitals or private physicians), in the future providers would be required to notify the appropriate regional health care planning board of any non-CON-reviewable capital project, purchase of major medical equipment, or establishment of a new service or discontinuation of an

existing service. The purpose of this new requirement would be to ensure that the regional health planning boards are kept informed of major changes in health care resources within their boundaries and to promote community awareness and discussion of health care resource decisions that affect not only the availability, but also the cost of health care within their region and within the state.

5. Medical Liability/Defensive Medicine Reform Measures

The Authority will review the recommendations of the Joint Interim Subcommittee on Insurance Issues before making any final recommendations with respect to medical liability and tort reform. However, based in part on the input received from the Montana Trial Lawyers' Association and the Montana Medical Association, the Authority did not recommend formal measures for introducing practice parameters into medical malpractice cases, pending further examination of the experiences of several other states that have enacted legislation according to special treatment of certain practice parameters introduced as evidence into medical malpractice cases.

6. Public Health Improvement Plan

The Montana Committee for Improving Public Health presented a proposal to the Authority to strengthen Montana's public health system. The two-fold initiative first offers to assist in better use of health status data for local and regional health planning purposes. Second, it proposes to create a process to examine, standardize and bolster the public health infrastructure across the state. Grant funds will be sought to supplement this 15-month effort which will culminate in a set of recommendations to the 1997 Legislature. The Authority agreed to support this proposal.

7. Cost Projections

The Authority's consultants presented preliminary estimates of health care spending in Montana un-

der three different scenarios: with no health care reform plan implemented, with the single payer plan universal access plan, and with the multiple payer universal access plan.

With neither reform plan implemented, health care spending in the state is projected to increase from its current level of roughly \$1.8 billion per year to over \$4.6 billion in the year 2005. Under the single payer plan, which would provide universal, comprehensive coverage and establish overall limits on health care spending beginning in 1999, total health care spending in the state would initially be higher than in the absence of reform. However, by the year 2005, total statewide spending under the single payer plan is estimated to be \$4.3 billion, lower than it would be without reform. Under the multiple payer plan, which would require all Montanans to have a minimal level of health care coverage and would also establish limits on the growth in statewide health care spending, initially overall annual spending levels would be about \$50 million higher than they would be in the absence of reform. However, by the year 2005, the effect of the expenditure limits would be to bring total health care spending in the state down to \$4.1 billion.

8. Financing Options

Given the different ways in which health care coverage would be financed under the two universal access plans, significant differences also would exist in the impact of these two strategies on the state's budget. For example, in 1996, a tax-financed single payer system is projected to require an increase of roughly \$870 million in the state's budget, although a significant portion would be offset by the elimination of nearly \$600 million in private insurance premium payments that would not longer be required under the system. Under the multiple payer plan, the additional cost to the state of new public premium subsidies and expanded Medicaid coverage is estimated to be roughly \$110 million in 1996.

The Authority is in the process of examining pos-

sible options for generating the additional revenues needed to finance the state's costs of both the single payer and the multiple payer plans. Among the options still under consideration is a single payer financing arrangement that draws 40 percent of new state revenues from increased personal income tax revenues, 40 percent from increases in payroll tax revenues, and the remaining 20 percent from increases in primarily "sin" taxes levied on tobacco, alcohol, and gaming. For financing the increased public costs of the multiple payer plan, the Authority is considering an option that would raise half the necessary revenues through increases in "sin" taxes, and the remainder through different combinations of increases in personal income tax, payroll taxes, and corporate income tax revenues.

